



Milestone Days

CELEBRANT

From Blank Page to Beautiful Vows:

Your Step-by-Step Workbook Introduction



So...

You've decided to write your own wedding vows (or at least you're thinking about it). Cue the happy tears, the panic, and the "where do I even start?!" moment. Don't worry, you're absolutely not alone.

Writing vows isn't about being Shakespeare or crafting the perfect poem. It's about speaking honestly to the person you love most in the world.

And the best part? There's no "wrong" way to do it.

This guide breaks it down into simple steps you can actually do, so you'll end up with vows that sound like you, feel natural, and truly celebrate your story.



1. Create a Plan

Before you start writing, give yourself permission to brainstorm. Do not overthink this! Forget about fancy words or structure for now just let your ideas flow. Put your pen to paper, and see where it takes you.

Task: Grab a notebook or open a doc on your laptop. Set a 15-minute timer and free-write answers to these questions:

- When did we first meet, and how did it change me?
- What do I love most about them (quirks included)?
- What little moments make me smile every single time?
- What promises do I truly want to make for our future?

Don't edit, just jot everything down, you'll shape it later. Think of this as gathering the "ingredients" for your vows.

2. Tradition or Personalised?

Some couples lean into traditional or spiritual vows, while others want to go completely off-script.

The beauty of a celebrant-led ceremony is you get to choose. You have the freedom to create something that feels genuine to your relationship.

Task: Talk with your partner or celebrant. Decide whether your vows will be:

- Traditional (religious/spiritual)
- Semi-traditional with personal touches
- 100% personal and unique

Write down your choice and note any words or themes you definitely want to include (like "forever," "faith," or "best friend").

3. Find Inspiration

Writer's block? No problem. Inspiration is hiding everywhere.

Task: Pick one of these tonight:

- Play "your song" and write down 3 feelings or memories it sparks.
- Look at 10 old photos together and write down one thing you felt in each moment.
- Copy down 2-3 quotes or poems about love that speak to you.

Keep everything in the same notebook or folder, you'll use it later.

4. Put Pen to Paper

When you're ready to start writing, here's the golden rule: keep it real.

Think of it as a heartfelt love letter, not a performance.

Task: Using your notes, draft a rough version of your vows. Don't worry about grammar or perfect sentences. Aim for:

- 5-7 sentences (around 250 words total)
Clear, everyday language (as if you're talking to your partner)

Pro tip: Read it out loud once before editing. Then add pauses for laughs or emotional moments and read it out loud again.



5. Vows that Reflect You

Yes, romance is wonderful, but your vows don't have to sound like a movie script.

The everyday stuff is just as meaningful. It's those little details that make your vows feel authentic.

Task: Write down 3 “real life” examples that show your love, for example: bingeing Netflix, silly inside jokes or pet names, adventures gone wrong, or moments of domestic bliss (does he restack the dishwasher with minimal complaint?!).

Add at least one of these to your draft.

6. Practice Makes Perfect

Reading your vows out loud will feel different than reading them in your head. Don't aim for “perfect”, aim for comfortable and confident.

Task: Print your draft (or write it on paper). Read it in front of a mirror twice. Mark where you'll pause or smile.

Optional: Ask a trusted friend to listen and give feedback on tone and pacing.

Pro tip: Don't practice reading your vows with your loved one. Hearing the vows at the ceremony for the first time will create an emotional impact – tissues ready!?

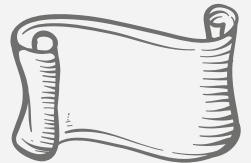


7. Memorise or Print?

Some couples love the idea of memorising their vows. Others feel better with a copy in hand. Both are perfectly fine! If you do print them, choose a clean, fresh copy instead of reading from your phone (trust us...your photographer will thank you).

Task: Decide today: Will you try to memorise or read from a copy?

If reading, design or order a pretty vow card. Print your current draft on plain paper now for practice.



Conclusion

At the end of the day, your vows don't need to be polished or poetic, they just need to be yours.

Whether sweet, funny, or a little quirky, they'll mean the world to your partner because they came from your heart.

So take a breath, grab a pen, and start writing. You've got this.

Task: Schedule one final 20-minute "vows session" the week before your wedding. Use it to polish, practice, and breathe.

Remember: your vows don't have to be perfect, they just have to be yours.

